

**PREVENTIVE MEDICINE/ANNUAL PHYSICALS**

**Revised 6/20/17**

Dear Patient,

Many insurance companies have changed their policies regarding your annual exam. For Medicare, this covered visit is referred to as an “Annual Wellness Visit”. Other insurances may call these visits Preventive Medicine, Health Maintenance, Routine Physicals, etc. These visits are designed to optimize your health by reviewing health goals and ordering screening tests for a limited number of medical conditions. In general, they cover the following: a limited physical exam, recommendations for healthy life-style choices (exercise, diet, smoking cessation, etc.), and screening for common diseases such as high blood pressure, cholesterol, depression and other age and gender specific issues. These visits are not designed to provide assessment and management of acute or chronic medical problems, such as asthma, diabetes, behavioral problems, pain, acne or injuries, or any other new significant problems that happen to coincide with the annual visit. However, as your primary health care provider we welcome and encourage you to discuss any issues that concern you and we wish to provide follow-up for any ongoing health problems you may have.

In order to offer a comprehensive evaluation and at the same time maximize your insurance reimbursement, our physicians may provide both preventive and diagnostic services, as appropriate, during the same office visit. Most preventive services will be covered at 100%. Most problem-oriented services will be subject to a deductible and coinsurance. If both types of services are offered, two visit codes will be billed with the appropriate modifier to indicate that preventive as well as problem issues were addressed. EKGs and lab tests will be billed as preventive services if they are performed for screening purposes. Some lab tests are not considered screening tests, and therefore will be billed with the appropriate medical diagnoses.

The physician will determine the codes according to the services he or she provides. Thank you for understanding our need to bill appropriately for the services provided while remaining sensitive to your insurance coverage.

Sincerely,

Park Medical Associates LLC

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_