

PREVENTATIVE MEDICINE/ANNUAL PHYSICALS NOTICE

Many insurance companies have changed their policies regarding annual exams and physicals. For example, Medicare calls these visits “Annual Wellness Visits.” Other insurance may call these visits Preventative Medicine, Health Maintenance, Routine Physicals, etc. These visits are designed to optimize your health by reviewing health goals and ordering screening tests. Most insurance covers a limited physical exam, including recommendations for healthy lifestyle choices (i.e., exercise, diet, smoking cessation, etc.) and screening for common medical conditions (i.e., high blood pressure, cholesterol, depression, and other age and gender-specific issues.) These visits are **not** designed to provide assessment and management of acute or chronic medical conditions, such as asthma, diabetes, behavior management, pain, acne, injury, or any health-related issue that happens to coincide with your annual visit. As your primary healthcare provider, Park Medical Associates welcomes and encourages discussion of any concerning issues or topics. We wish to provide follow-ups for any ongoing health-related problems you may have.

To offer a comprehensive evaluation and maximize your insurance reimbursement simultaneously, our physicians may provide preventative and diagnostic services during the same visit when appropriate. Most preventive services are 100% covered. However, problem-oriented services may be subjected to deductibles and co-insurances. If both services are offered, two visit codes will be billed with the appropriate modifier indicating the types of services. Additionally, EKGs and lab tests will be billed as preventative services if performed for screening. Be aware that some tests are not considered screening tests and will be billed with the appropriate medical diagnoses.

Park Medical Associates strives to provide excellent patient services and affordable health care. Thank you for understanding our need to bill appropriately for the services offered while remaining sensitive to your insurance coverage.

I, _____, have read and understand Park Medical Associates’ Preventative Medicine/Annual Physical Notice and agree to its guidelines.

Signature: _____ Date: _____